

SUPERSTAR4LIFE

Be a First Time Listener

Black Belt Leaders always listen and follow directions the first time they are told to do something, no matter what. This is a way of showing that you are committed to being your best. Your mission is to be a superstar

“First Time Listener”

at home and school for one whole week.

This means that when your parents & teacher tell you to do something that you must listen and do it right away, the very first time you are told.

The above student has been a superstar “First Time Listener.”

BE YOUR BEST!

Parent/Guardian Signature



Martial Arts