

**SUPERSTAR4LIFE**

# **Be a First Time Listener**

**Black Belt Leaders always listen and follow directions the first time they are told to do something, no matter what. This is a way of showing that you are committed to being your best. Your mission is to be a superstar**

**“First Time Listener”**

**at home and school for one whole week.**

**This means that when your parents & teacher tell you to do something that you must listen and do it right away, the very first time you are told.**

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*The above student has been a superstar “First Time Listener.”*

**BE YOUR BEST!**

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*Parent/Guardian Signature*



**Martial Arts**